

# Rowhedge Groups, Organisations & Useful numbers

**Beavers** – Fridays 6.30-7.45  
Rich Harris – 01206 728360

**Brownies** – Tues 6-7.30pm  
Sarah Stapley 01206 728321

**Brushstrokes** Art Group– Thurs 2-4pm  
Angelina 01206 728046

**Carolyn's Dance** – Tues 6-7pm  
Louise Walmsley – 07599 811000

**Carpet Bowls** – Mon & Wed 2-4pm  
Ken White 01206 728363

**Colchester Borough Councillor**  
Michael Lilley 07776 257891

**Cubs** – Mon 6.30-8pm  
Lucy Szmyr 07840 950114

**Drs Surgery** – 01206 728585  
[www.rowhedgesurgery.co.uk](http://www.rowhedgesurgery.co.uk)

**Essex Concert Band** - Tues 7pm  
David Barnes 01206 738888

**Essex County Councillor** Kevin Bentley  
01206 382405, [Kevin@birchandwinstree.com](mailto:Kevin@birchandwinstree.com)

**Everydayoga Wellbeing** Hatha Yoga for all family  
and abilities; Contact Fern to book your classes -  
07545087276 or [fernie77@me.com](mailto:fernie77@me.com)

**Mariners Chapel**–Service every Sunday 10.30;  
Natalie Gosling (Secretary) [nat-87@hotmail.co.uk](mailto:nat-87@hotmail.co.uk)  
Monkeys & munchkins (toddler& baby group) every  
Tues 10am - 11:30am  
Marinarts (sewing group) Thurs 7:30 - 9:00pm

**Rowhedge Allotments Assoc**  
[www.rowlots.org.uk](http://www.rowlots.org.uk)

**Rowhedge Coastal Rowing Club**  
Nina Crouchman 07775687531

**Rowhedge Crafters**  
Elizabeth Trellis 01206 728857

**Rowhedge Film Society**  
David Head 01206 729042

**Rowhedge Heritage Trust**  
[rowhedgeheritagetrust@live.com](mailto:rowhedgeheritagetrust@live.com)

**Rowhedge Football Club**  
Myles Paton 01206 793760

**Rowhedge Moorings Assoc.**  
Fabian Bush 01206 728577

**Rowhedge Residents Assoc.**  
[www.rowhedgera.co.uk](http://www.rowhedgera.co.uk) ;  
[rowhedgeresidentsassoc@yahoo.co.uk](mailto:rowhedgeresidentsassoc@yahoo.co.uk)  
Secretary: Susan Allen 01206 728468

**Rowhedge Social Club-** 01206 728467  
Afternoon Club, last Thurs. each month, 2-4.

**Rowhedge Under 5s Pre-school**  
Mon-Fri (term time)  
Deborah Carroll-Head 01206 729042

**Rowhedge Village Hall**  
Yvonne Gibbs 07780 923688

**Rowhedge Water Bailiff**  
Dave Slavinkas – 07969 605442

**St Lawrence's Church**  
Rev. Patrick McEune 07411 761883  
**Friends of St Lawrence's Church**  
Francis Wadley 01206 729911  
[www.friendsofstlawrencechurch.co.uk](http://www.friendsofstlawrencechurch.co.uk)

**St Lawrence's Primary School**  
01206 728517 **St Lawrence's School PTA**  
Julie Vaughan 01207 728995

**Sea Scouts & Pioneers** – Fri 7.30-9.30 Alex  
Cowie 07540 455343

**Sing Say Play** – all invited, 8pm ish  
2<sup>nd</sup> Friday at Albion, 4<sup>th</sup> Wed at Social Club; David  
Cook 01206 728046

**Table Tennis** – Mon, Thurs, Fri eves  
John Andrews 01206 273961

**Valentine Dance School** – Fri 3.15-7.15  
Val White 01206 514419

**Village Lunch** – 3rd Tues monthly at 1pm  
Barbara Sanderson 01206 728060

**Yoga U Fit for Life** – Thurs 6.30-7.30 & 7.30-  
8.30pm Sarah-Jane Gladwin 07742977111

If your group/association does not appear on this list, or there are any changes, please notify the Clerk: [info@eastdonylandpc.co.uk](mailto:info@eastdonylandpc.co.uk) Thank you

# Rowhedge Groups, Organisations & Useful numbers

**Youth Group (11-16 yrs)** - Emma 07763 156917  
Village Hall, Wed 7-9.30pm

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