

Rowhedge Groups, Organisations & Useful numbers

Brownies – Tues 6-7.30pm
Sarah Stapley 01206 728321

Brushstrokes Art Group– Thurs 2-4pm
Angelina 01206 728046

Carolyn's Dance – Tues 6-7pm
Louise Walmsley – 07599 811000

Carpet Bowls – Mon & Wed 2-4pm
Ken White 01206 728363

Colchester Borough Councillor
Cllr.michael.lilley@colchester.gov.co.uk
Cllr.adam.fox@colchester.gov.co.uk
Cllr.lee.scordis@colchester.gov.co.uk

Cubs – Mon 6.30-8pm
Lucy Szmyr 07840 950114

Drs Surgery – 01206 728585
www.rowhedgesurgery.co.uk

Essex Concert Band - Tues 7pm
David Barnes 01206 738888

Essex County Councillor Kevin Bentley
01206 382405, Kevin@birchandwinstree.com

Everydayoga Wellbeing Hatha Yoga for everyone
Contact Fern - 07545087276 or fernie77@me.com

Mariners Chapel–Service every Sunday 10.30;
Simon Heard 07749481122
Marinarts (sewing group) Thurs 7:30 - 9:00pm

Rowhedge Allotments Assoc
www.rowlots.org.uk

Rowhedge Coastal Rowing Club
Nina Crouchman 07775687531

Rowhedge Crafters
Elizabeth Trellis 01206 728857

Rowhedge Heritage Trust
rowhedgeheritagetrust@live.com

Rowhedge Moorings Assoc.
Fabian Bush 01206 728577

Rowhedge Residents Assoc.
www.rowhedgera.co.uk ;

rowhedgeresidentsassoc@yahoo.co.uk
Secretary: Susan Allen 01206 728468

Rowhedge Social Club- 01206 728467

Rowhedge Under 5s Pre-school
Mon-Fri (term time)
Deborah Carroll-Head 01206 729042

Rowhedge Village Hall
Yvonne Gibbs 07780 923688

Rowhedge Water Bailiff
Dave Slavinskis – 07969 605442

St Lawrence's Church
Rev. Patrick McEune 07411 761883
Friends of St Lawrence's Church
www.friendsofstlawrencechurch.co.uk

St Lawrence's Primary School
01206 728517 **St Lawrence's School PTA**
Julie Vaughan 01207 728995

Sea Scouts & Pioneers – Fri 7.30-9.30 Alex
Cowie 07540 455343

Sing Say Play –2nd Friday at Albion, 4th Wed at
Social Club 8pm; David Cook 01206 728046

Table Tennis – Mon, Thurs, Fri eves
John Andrews 01206 273961

Valentine Dance School – Fri 3.15-7.15
Val White 01206 514419

Village Lunch – 3rd Tues monthly at 1pm
Barbara Sanderson 01206 728060

Yoga U Fit for Life – Mon evenings
Sarah-Jane Gladwin 07742977111

Youth Group (11-16 yrs) - Emma 07763 156917
Village Hall, Wed 7-9.30pm

If your group/association does not appear on this list, or there are any changes, please notify the Clerk: info@eastdonylandpc.co.uk Thank you